

Programs offered at Crystal's World of Dance

Tap: Tap is a traditional style of dance using the shoes with metal plates on the bottom striking the floor, creating rhythmic choreography. Tap focuses a lot on musicality and percussion. Ballet: Class includes traditional barre and center work, which focuses on building strong technique. Teachers emphasize body placement, posture, muscle memory, control, and flexibility. Ballet is the foundation for all other forms of dance, allowing a classically trained dancer to use their skill learned in this class for any other dance discipline.

Jazz: Jazz is a technique-based style with a strong ballet background. There are many types of styles of jazz ranging from: Broadway Jazz, Modern Jazz, African Jazz and many more. This class consists of structure and discipline along with fun and sass.

Contemporary: Contemporary is an extremely artistic style of dance. It is a fusion of ballet, jazz, and modern dance, and usually contains an emotional journey, or story. There is a lot of creative freedom when it comes to contemporary dance.

Praise Dance: Praise dance is a form of expressive movement that combines elements of traditional, contemporary, and liturgical dance to convey messages of worship, faith, and spiritual devotion. Rooted in Christian traditions, it is often performed to gospel or inspirational music as a heartfelt offering of praise and worship to God. Praise dance emphasizes emotion, storytelling, and connection to both music and message, creating a powerful experience for both the dancer and the audience.

Hip Hop: Hip hop is a high-energy class that infuses the latest styles of street dancing, breaking, popping, and locking. Classes will encourage students to step outside of the box by bringing their own individual style and personality to the movements. Hip hop dance requires students to have the strength and stamina to successfully perform moves. Therefore, class includes upper and lower body conditioning as well as a rigorous warm-up to help prepare students for more intense movements.

Acro: Acro, short for acrobatic dance, is a unique style that blends classical dance technique with precision acrobatic elements. Known for its athleticism, flexibility, and strength, acro incorporates skills such as handstands, backbends, aerials, and tumbling, all performed with the grace and fluidity of dance. This dynamic style challenges dancers to push their physical limits while maintaining control, artistry, and rhythm.

Competitive Cheer: Competitive cheerleading is when cheer squads compete against each other at a competition. At a typical cheerleading competition, teams perform a 2-and-a-half-minute routine with music that includes stunts, jumps, tumbling. Teams are judged by a panel of cheerleading experts on difficulty and execution. CWOD Cheer program competes in the Florida Cheer and Dance Association.

Aftercare: Aftercare includes, after school pick up, homework assistance, and dance classes. Classes included are Ballet, Jazz, Hip Hop and African dance. The hours are after school until 5:45pm. Students have different dance classes daily depending on their grade. Dance attire and shoes are required for classes (Solid Black Leotard, skin tone tights, skin tone ballet shoes and skin tone jazz shoes. Aftercare students participate in all CWOD performances therefore, parents are required to purchase two performance costumes from us (Ballet and Jazz), and coordinating items for African and Hip Hop.

-We Pick Up at the Following Schools Blake Academy, Rochelle School for The Arts, Winston Academy, North Lakeland Elementary, Sleepy Hill Elementary, Code Academy, Combee Elementary, Phillip O Brien Elementary, Lawton Chiles Academy, South Mckee Academy, Lincoln Academy

-We offer care on teacher work days and early release days for no additional charge. We are only closed on holidays!

Summer Camp: Summer camp at Crystal's World of Dance, is designed for students entering VPK- Grade 9. The camp combines dance instruction with creative youth art projects and adventurous field trips. The eight-week camp provides campers with an environment where they can have fun while learning dance technique, developing life skills all while increasing their confidence. At the end of camp, students perform a special show for family and friends. Dance Classes include African Dance, Contemporary, Hip Hop, Ballet, and Jazz. Summer Camp Fees: \$35 registration fee includes a camp field trip t-shirt

-Dates: June 2- August 1 for 2025 Summer Camp fees payment options: Full Summer Rate: \$585.00 Monthly Rate: \$295.00 Weekly Rate: \$75.00 Camp fee Includes all dance classes and some Local field trips. Field Trips include: Explorations/Children's Museum, Glacier Children's Museum, Roller Skating, Common Ground Park, Movies at Cobb, Lake Eva Water Park, Florida Aquarium, Lowry Park Zoo, Swimming, Crayola Experience, Bowling

Class Levels

Toddlers (Super Tots and Super Stars): An introductory course where dancers learn basic stretches, coordination, movement development, classroom procedures, confidence, and self expression in a fun and nurturing environment.

Level One: Dancers are taught flexibility, arm placement, head alignment, rhythmic counting, stretching of feet, basic turn out and the foundation for Tap, Jazz, Ballet, and performance. Students are taught basic beginner skills, steps, positions, and vocabulary. Students are highly encouraged to enroll in a ballet class.

Level Two: Students will focus on technique and learn more advanced moves and choreography sequences. Students are highly encouraged to enroll in Ballet.

Level 3: Classes emphasize musicality and body alignment, conditioning, stretch and strengthening, rhythm and stylization. Students are highly encouraged to enroll in Ballet.

Level 4: Classes emphasize growing technique, focusing on more difficult combinations. Students are highly encouraged to take ballet. Students in Level 4 can try out for Elite at the designated tryout time.

Elite: By placement only. Classes focus on footwork, stronger technique with longer combinations. Training at this level becomes much more rigorous. Students are expected to make a commitment to their dance training. Dancer must take ballet.