

Programs offered at Crystal's World of Dance

Tap: Tap is a traditional style of dance using the shoes with metal plates on the bottom striking the floor, creating rhythmic choreography. Tap focuses a lot on musicality and percussion.

Ballet: Class includes traditional barre and center work, which focuses on building strong technique. Teachers emphasize on body placement, posture, muscle memory, control, and flexibility. Ballet is the foundation for all other forms of dance, allowing a classically trained dancer to use their skill learned in this class for any other dance discipline.

Jazz: Jazz is a technique-based style with a strong ballet background. There are many types of styles of jazz ranging from: Broadway Jazz, Modern Jazz, African Jazz and many more. This class consists of structure and discipline along with fun and sass.

Contemporary: Contemporary is an extremely artistic style of dance. It is a fusion of ballet, jazz, and modern dance, and usually contains an emotional journey, or story. There is a lot of creative freedom when it comes to contemporary dance.

African Dance: Let the beat of the drums move your body! This class incorporates basic stretches and strengthening within an improvisational warm up set to West African and Afro-Modern rhythms. Students will learn dances and culture as we embark on a journey of movement from the African diaspora. This high energy class explores traditional dances from West Africa. Each week one or two new dances are explored. This West African dance class is a fun and interactive experience for those who are interested in exploring the many cultural dances of West Africa while getting a great cardio workout at the same time!

Hip Hop: Hip hop is a high-energy class that infuses the latest styles of street dancing, breaking, popping, and locking. Classes will encourage students to step outside of the box by bringing their own individual style and personality to the movements. Hip hop dance requires students to have the strength and stamina to successfully perform moves. Therefore, class includes upper and lower body conditioning as well as a rigorous warm-up to help prepare students for more intense movements.

Competitive Cheer: Competitive cheerleading is when cheer squads compete against each other at a competition. At a typical cheerleading competition, teams perform a 2-and-a-half-minute routine with music that includes stunts, jumps, tumbling. Teams are judged by a panel of cheerleading experts on difficulty and execution. CWOD Cheer program competes in the Florida Cheer and Dance Association.

Aftercare: Aftercare includes, after school pick up, homework assistance, and dance classes. Classes included are Ballet, Jazz, Hip Hop and African dance. The hours are after school until 5:45pm. Students have different dance classes daily depending on their grade.

Dance attire and shoes are required for classes (Solid Black Leotard, skin tone tights, skin tone ballet shoes and skin tone jazz shoes. Aftercare students participate in all CWOD performances therefore, parents are required to purchase two performance costumes from us (Ballet and Jazz), and coordinating items for African and Hip Hop.

The dates for this year's performances are as follows:

Crystal Nutcracker: 12/17/23

Spring Recital: June 1- June 2, 2024

We Pick Up at the Following Schools

Blake Academy, Rochelle School for The Arts, Winston Academy, North Lakeland Elementary, Sleepy Hill Elementary, Code Academy, Combee Elementary, Phillip O Brien Elementary, Lawton Chiles Academy, South Mckeel Academy, Lincoln Academy

We offer care on teacher work days and early release days for no additional charge. We are only closed on holidays!

Summer Camp: Summer camp at Crystal's World of Dance, is designed for students entering VPK- Grade 9. The camp combines dance instruction with creative youth art projects and adventurous field trips. The eight-week camp provides campers with an environment where they can have fun while learning dance technique, developing life skills all while increasing their confidence.

At the end of camp, students perform a special show for family and friends. Dance Classes include African Dance, Contemporary, Hip Hop, Ballet, and Jazz.

Summer Camp Fees: \$35 registration fee includes a camp field trip t-shirt

Dates: TBA for 2024

Summer Camp fees payment options:

Full Summer Rate: \$525.00 Session 1 June Only Rate: \$285.00 Session 2 July Only Rate: \$285.00

Weekly Rate: \$75.00

Camp fee Includes all dance classes and some Local field trips.

Field Trips include: Explorations/Children's Museum, Glacier Children's Museum, Roller Skating, Common Ground Park, Movies at Cobb, Lake Eva Water Park, Florida Aquarium, Lowry Park Zoo, Swimming, Crayola Experience, Bowling

Registration for Summer Camp 2024: Enrollment Date TBA (Typically Mid-February)

Class Levels

Super Tots: An introductory course where dancers learn basic stretches, coordination, movement development, classroom procedures, confidence, and self-expression in a fun and nurturing environment.

Level One: Dancers are taught flexibility, arm placement, head alignment, rhythmic counting, stretching of feet, basic turn out and the foundation for Tap, Jazz, Ballet, and performance. Students are taught basic beginner skills, steps, positions, and vocabulary. Students are highly encouraged to enroll in a ballet class.

Level Two: Students will focus on technique and learn more advanced moves and choreography sequences. Students are highly encouraged to enroll Ballet.

Junior Pro: Classes emphasize musicality and body alignment, conditioning, stretch and strengthening, rhythm and stylization. Students are highly encouraged to enroll in Ballet. Dancer must take ballet.

Fusion: By placement only. This class emphasizes on proper posture, muscle development, flexibility, musicality, and grace of movement through combinations. Students are expected to know basic dance vocabulary and have a desire to improve their strength and technique. Dancer must take ballet.

Elite: By placement only. Classes focus on foot work, stronger technique with longer combinations. Training at this level becomes much more rigorous. Students are expected to make a commitment to their dance training. Dancer must take ballet.